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IJPEAS is printed and electronic journal dedicated to promoting scientific knowledge in the multidisciplinary field of sports and applied sciences. According to policy of publishing and format of IJPEAS , the delay in the publishing process is minimal and IJPEAS is unique discussion panel for researchers in the field. IJPEAS covers all the aspects of physical education, sports sciences, Anthropology; Developmental and Educational Psychology; Education; Health (social science); Neuropsychology and Physiological Psychology ;Nutrition and Dietetics ;Orthopedics and Sports Medicine; Physical Therapy, Sports Therapy and Rehabilitation; Physiology; Social Sciences(all).

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S. NO.	TITLE OF PAPER & AUTHORS	State	PAGE NO.
1.	A COMPARATIVE STUDY OF NARCISSISM BETWEEN ELITE AND SUB-ELITE SOCCER PLAYERS Aamir Nadiem & Dr. Sudhir Rajpal	Chhattisgarh	01-04
2.	A COMPARATIVE STUDY OF POSITIVE MENTAL HEALTH AMONG FEMALE VOLLEYBALL PLAYERS: WITH REFERENCE TO URBAN-RURAL SETTINGS Mohd. Ishaq & Dr. Sudhir Rajpal	Chhattisgarh	05-08
3	EFFECT OF YOGIC EXERCISES FOR DEVELOPMENT OF AEROBIC CAPACITY AMONG COLLEGE MALE STUDENTS OF DISTRICT SITAPUR, UTTAR PRADESH, INDIA Dr. Hasan Mehdi & Dr. Mohd. Wahid	Uttar Pradesh	09-12
4	EFFECT OF CYCLIC MEDITATION ON PHYSICAL AND MENTAL STRESS IN HIGH SCHOOL ATHLETES- PRE-POST CONTROLLED STUDY Shunosuke Hiraoka Ms. Padmasri Gudapti, & Dr. Rajesh S.K.	Karnatka	13-25
5	TREATMENT OF ADHESIVE CAPSULITIS OF SHOULDER JOINT BY INTRA-ARTICULAR HYDROCORTISONE INJECTION. Dr. Ranjit Kumar Dutta	West Bengal	26-29
6	COMPARATIVE STUDY BETWEEN CRYOSTRETCH AND LIGHT CONCENTRIC EXERCISE ON DELAYED ONSET MUSCLE SORENESS Mukesh Yadav, Pooja Attrey & Preeti Kashyap	Haryana & Chandigarh	30-40
7	THE EFFECT OF DIFFERENT GEOGRAPHICAL CONDITION ON SELECTED PHYSICAL VARIABLES ON BADMINTON PLAYERS Dr. Divesh Chaudhary & Javad Khan	Uttar Pradesh	41-47
8.	DO FEMALE ATHLETES DIFFERS IN TERMS OF SENSO-MOTOR COORDINATION AND TIME MOVEMENT ANTICIPATION Shubhda Bhosle & Acharya, Jayashree	Madhya Pradesh	48-54
9.	COMPARISON OF SELECTED PSYCHOLOGICAL VARIABLES BETWEEN RURAL AND URBAN WORKING MEN Dr.B.Balakumaran	Tamil Nadu	55-58
10	SOCIOECONOMIC STATUS EFFECT ON SPORT PERFORMANCE OF NON ACHIEVER AND ACHIEVER SHOOTERS Jaswinder singh	Punjab	59-65
11	RELATIONSHIP OF EDUCATIONAL STATUS AND SOCIO-ECONOMIC STATUS OF THE ENGINEERING SPORTS PERSON AND NON SPORTS PERSON Dr. Randhir Singh Pathania, Dr. Dharendra Tiwari and Dr. Usha Tiwari	Punjab, U.P. & Rajasthan	66-69
12	COMPARATIVE STUDY ON SPEED AMONG HANDBALL AND BASKETBALL PLAYERS OF NORTH MAHARASHTRA UNIVERSITY Pratibha Dhake	Maharastra	70-73
13	AN ASSESSMENT OF WAIST TO HIP RATIO AND HAND GRIP STRENGTH IN SPECIAL POPULATION OF KARNATAKA STATE Nagaraja S.,Prakash S. M. and Gajanana Prabhu B.	Tamil Nadu	74-79
14	EFFECT OF RETRO RUNNING ON DEVELOPMENT OF HEALTH RELATED PHYSICAL FITNESS AMONG COLLEGE WOMENS V. Siva Sangari	Tamil Nadu	80-84
15	A COMPARATIVE STUDY ON SELECTED PHYSICAL FITNESS COMPONENTS BETWEEN KABADDI AND KHO-KHO PLAYERS Manish Kumar	Haryana	85-89
16	EFFECT OF SELECTED PLYOMETRIC TRAINING ON EXPLOSIVE STRENGTH OF COLLEGE LEVEL SPORTSMEN Ajit Kumar Chaubey	Haryana	90-93
17.	RESEARCH FACILITIES AND SCOPES IN THE FIELD OF CHEMISTRY IN INDIA Dr. Mrs. Sapana Pawar	Chhattisgarh	94-102

EDITORIAL

I feel pleasure that the volume 7, NO. 3, July , 2017 "Indian Journal of Physical Education, Sports and Applied Sciences" from different states of India is out for the readers. This issue of IJPESAS contains 14 research articles on important aspect of sports sciences and physical Education. These are given below:

Nadiem & Rajpal (Chhattisgarh) compare narcissism between elite and sub-elite soccer players. 50 male football players. They concluded that elite male soccer players possess more magnitude of narcissism as compared to sub elite male soccer players. **Ishaq & Rajpal (Chhattisgarh)** assessed the differences in positive mental health of female volleyball players hailing from urban and rural settings. They concluded that positive mental health of female volleyball players may be predicted by their urban-rural belongingness. **Mehdi & Wahid (U.P.)** find out the effect of yogic exercises for development of aerobic capacity among college male students. They observed from the analysis of data that Aerobic capacity was improved within the experimental group. **Hiraoka, Gudapti, & Rajesh (Karnataka)** indicated that Yoga can statistically reduce physical and mental stress which means Yoga helps to thin out stresses, and proved why ancient Yogi Patañjali has used the term thinning . **Dutta (West Bengal)** conducted the study on treatment of Adhesive capsulitis of shoulder joint by intra-articular corticosteroid injection. . He found that early reorganization of stage-I and stage-II idiopathic adhesive capsulitis and early injection of corticosteroid with local anaesthesia may be both diagnostic and therapeutic. **Yadav, Attrey & Kashyap (Haryana & Chandigarh)** determined the effectiveness of light concentric exercise and to compare the effect of light concentric exercise and cryostretch on DOMS. They found that light concentric exercises were found to be more effective than cryostretch in treatment of exercise induced DOMS in quadriceps muscle group. Both could be used in management of pain as both were found to be significantly effective in treatment of DOMS. **Chaudhary & Khan (U. P.)** investigated the effect of different geographical condition on selected physical variables on badminton players. They concluded the insignificant the effect of different geographical conditions on Leg strength and abdominal strength and significant difference on Speed and Endurance) of badminton players. **Bhosle & Acharya (M.P.)** analyzed the difference exist among female athletes of various sports in terms of senso-motor coordination and time/ movement anticipation They indicated the differences among female athletes of various sports and they do differ in terms of senso-motor coordination and time movement anticipation. **Balakumaran (Tamil Nadu)** find out the differences in selected psychological variables namely of Self Confidence, Self Esteem, Job Involvement and Job Satisfaction between Rural and Urban Working Men. He proved that there was significant difference between labours of Tamil Nadu and Other States in the variables namely self confidence, self esteem, job involvement and job satisfaction. **Singh (Punjab)** find out the socio-economic status effect on sport performance of Achiever and Non Achiever Shooters belong to Punjab State. He indicated the positive socioeconomic status effect on the sport performance of Inter college level men/women and women shooters. **Pathania, (Punjab), Tiwari (U.P.) and Tiwari (Rajasthan)** conducted study on relationship of education status and socio-economic status of the engineering students. They found that the education of engineering sports person and non sports person is not affected by the socio economic status of their family. **Dhake (Maharashtra)** compared the Speed of Handball and Basketball male players of North Maharashtra University. She concluded that the Handball players are having comparatively high speed from Basketball players of SGBA university. **Nagaraja , Prakash and Gajanana (Karnatka)** assessed the age wise health and fitness through waist to hip ratio as well as grip strength in special population of Karnataka state. They prepared the age specific normative values on waist to hip ratio and grip strength and analysed the health and fitness of special population belonging to Karnataka state. **Sangarui (Tamil Nadu)** find out the effects of retro running on health related physical fitness among college women. He noticed that practice retro training helped to improve physical fitness variables of college women. **Kumar (Haryana)** indicated in his research that Kho-Kho players have more speed and flexibility than Kabaddi players. **Chaubey (Haryana)** showed that there was significant effect of plyometric training on explosive strength. **Pawar (Chhattisgarh)** provided an overview of research facilities and scopes in the field of chemistry in India.It highlights the robust infrastructure comprising universities, research institutions, and laboratories equipped with modern instrumentation. She concluded that India's chemistry research landscape is characterized by a rich tapestry of research facilities and diverse scopes of study.



Dr. Rajkumar Sharma
Editor-in-Chief