



## SPORTS ACHIEVEMENT OF VIKRAM AWARDEE DEEPA VERMA VOLLEYBALL PLAYER

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### ABSTRACT

The main purpose of study was to explore the sports achievement of Vikram Awardee Deepa verma volleyball player. The present study was designed to investigate the achievements of M. P. State Volleyball player towards the promotion of Volleyball game in their own state and India in general and also to study their philosophy with regard to sports as a profession in India, their quality as a player and their contribution to Volleyball at national and international level. Data for this investigation was derived from the Primary sources i.e. direct observation, Questionnaires, Personal records, Documents, Pictorial records and Secondary sources. Based on the objectives laid down in the present the following methods were used to obtain the data. The present study was conducted on Deepa verma Vikram Awardee in Volleyball of M.P. State who represented M.P. volleyball team at National and International level. Based on the findings the analysis of data and interpretation of results are presented. This study is regards to Deepa verma for a lot of achievements in volleyball in India. Researcher concluded that Deepa Verma has participated in various levels of volleyball tournaments from their childhood i.e. Junior and senior National levels, All India Interuniversity level, National Women festival and National Schools Games, Deepa Verma has conducted sports camps in various games and sports. After joining govt.women college as a sports officer, She had produced more the one hundred women players in different games and sports, whose were taken part part from state to National level sports competitions.

**Keywords:** Award, sports, Achievement, National, championships

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## **1. INTRODUCTION**

The ideal synthesis of theory and practice is found in physical education. It is half theoretical and half practical. Practical in this context refers to all sports, including athletics, combat games, adventure games, aquatic games, major games, ball and racket games, recreational games, etc. One of the forty-four games available is volleyball.

Volleyball has captured the hearts and minds of millions of people worldwide with its exhilarating moments, lightning-fast action, and calculated plays. In the late 19th century, it was developed as a recreational activity by fusing elements of handball, baseball, basketball, and tennis. With time, it evolved into a highly competitive sport that participants of all ages and skill levels appreciated.

Volleyball's fundamental rules state that two teams, separated by a net, compete to score points by placing the ball on their opponent's court while preventing their own team from doing the same. Because of its unique blend of athleticism, skill, and teamwork, volleyball stands apart. Players must show agility, speed, and coordination when diving, spiking, blocking, and setting the ball in their constant pursuit of victory.

Beyond its strenuous physical requirements, volleyball is a strategy and mental toughness game. Teams carefully consider how to set up, predict how their opponents will move, and carry out their plans. With every serve, pass, and spike, the goal is to outwit the opposition and take command of the game.

Volleyball crosses boundaries and cultural divides, bringing people together in the spirit of goodwill and sportsmanship from the sandy beaches of California to the busy arenas of Olympic tournaments. Its contagious intensity and spirit of competition continue to inspire generations of athletes worldwide, whether they play for fun or as a career.

We set out to investigate the nuances, background, and appeal of volleyball in this introduction—a sport that perfectly captures the beauty of athleticism, the thrill of competition, and the joy of teamwork.

India's volleyball history is one of perseverance, growth, and the never-ending pursuit of excellence. In the early 1900s, volleyball was initially brought to the Indian subcontinent and quickly gained popularity as a recreational sport in colleges and institutions. However, because of grassroots initiatives and fervent participation, its popularity surged rapidly

When volleyball began to gain popularity among sports groups and those who loved physical education in the early 1920s, it was first established formally in India. Eleven The VFI (Volleyball Federation of India) was established in 1951, marking a significant turning point in the history of the game by providing a controlled environment for its expansion and development across the nation.

In the decades that followed, volleyball in India saw both successes and setbacks. Thanks to the enthusiasm and commitment of players, coaches, and administrators, the sport saw a rise in grassroots involvement. Indian teams started to establish themselves on the world scene by competing at both the regional and international levels and displaying their talent and tenacity.

The men's national team's victories in the 1980s, including gold at the 1986 Asian Games in Seoul, South Korea, were among the pivotal occasions in the history of Indian volleyball. This remarkable accomplishment raised volleyball's national profile and motivated a new generation of players to strive for sport greatness.

The volleyball community in India persevered in the face of financial hardships, infrastructure constraints, and logistical challenges because of a common dedication to the expansion and improvement of the sport. In order to develop new talent and bring the sport to

far-flung areas of the nation, grassroots projects, talent identification programmes, and coaching seminars were essential.

Brar et.al.(2010) studied the biography of Padamshri Charanjit Singh Captain of Indian hockey team. The Various published Articles, photos and newspapers for the purpose of research and in the form of secondary source the contribution of 100 coaches, players and physical education expert were included in it by taking their on views. Shree Charanjit Singh had played in 1964 Tokyo Olympic. Rahee and Bala (2012) studied biography, sports achievements and philological competencies of Dhanraj Pillai, who was the Indian Hockey player. The primary and secondary sources, mental toughness, emotional intelligence were studied through standard questioners. Yadav and Kumar(2012) studied the sports achievements of padam shri sankar lakhman, who was the Indian hockey player. The primary and secondary sources, were used for the purpose of studies. opinion rating scale was used for this research. Kumar(2013) Studied the biography of Yogeshwar dutt, who was the browns medal winner in Olympic games in restyling , internal rating interviewee method and opinion was used to collect the individual record. Dutt and singh (2018), studied the biography , sports life and contribution of Arjun awardee Shri Dinesh Khanna in badminton he had represented india in Ashian badminton competition held at Lacknow in 1964. Prasad and Dhapola (2017) studied the Indian Hockey Player Shri syaiyad ali , a Dhyanchand awardee through primary and secondary sources. Singh(2017), Studied the contribution of a famous Hockery player of india Shri Sardar Singh. Shukla and peter(2018), studied the biography of Bhishan singh bedi, a padam shree awardee in cricket through interview and opinion rating Scale. Sandeep(2021), conducted a study on shree Surrender singh sodhi through primary and secondary

The main purpose of study was to explored the sports achievement of Vikram Awardee Deepa verma volleyball player.

## **2. METHODOLOGY**

The present study was designed to investigate the achievements of M. P. State Volleyball player towards the promotion of Volleyball game in their own state and India in general and also to study their philosophy with regard to sports as a profession in India, their quality as a player and their contribution to Volleyball at national and international level.

Data for this investigation was derived from the Primary sources i.e. direct observation, Questionnaires, Personal records, Documents, Pictorial records and Secondary sources. Based on the objectives laid down in the present the following methods were used to obtain the data.

## **3. ANALYSIS OF DATA AND INTERPRETATION**

The present study was conducted on Deepa verma Vikram Awardee in Volleyball of M.P. State who represented M.P. volleyball team at National and International level. Based on the findings the analysis of data and interpretation of results are presented in the following way.

### **3.1 Education**

Deepa Verma was the resident of Jabalpur M.P. She was born on 12 November, 1966 in Jabalpur city of Madhya Pradesh. . Smt. Pushpa verma was mother of her and a sports officer in Govt. Girls College, Jabalpur and Shri. B. S. Verma was the Father of her and a Professor in Govt college , Damoh, District Sagar situated in M. P. State . She was the national level Volleyballplayer and national level athletic Player. She has participated in various National and Interuniversity levels volleyball Championships since from 1981 to 1991 repeatedly. .Her higher level of sports achievement was participation in Pre-asiad competition and reciepant of Vikram Award of M.P..She practiced Volleyball of 04 hours daily in the morning and evening session. Her spors journey was statrted in the age of 12 years when she was studying in a school.

### 3.2 Sports Journey

She has participated seventeen times in National Volleyball Competitions held in Calcutta, Delhi, Bhopal, Faridabad, Guntur, Kanpur, Bangalore, Bhillai, Trivendrum, Gwalior, Ahemdabad, Poona etc Deepa Verma has been participated in national school games and Junior National Championship in 2008 held at Calcutta; Senior National Championships in 1981; held at Faridabad; National sports festival for women in 1979 held at Calcutta; and Inter-university Volleyball tournament during the session 1984-85 held at Maysore in the game of Volleyball. Deepa Verma was the Captain of First Indian University women volleyball team during the session 1988-89. She has attended National coaching camp of Indian University women volleyball team during the session 1987-88 and 1988-89 continuously. She was the recipient of Vikram Award of M.P. Govt. in the year 1983-84 in the game of volleyball. Deepa verma has represented M.P.in Pre-Asiad competition in 1982 held at Delhi.. She has also participated in 26<sup>th</sup> Senior National Athletic Championships in 1988 held at Jabalpur (M.P.). Deepa verma has been a player in game of Kho-Kho, Kabaddi, Basketball, Tennis, Aerobic, Judo, Karate, Yoga along with Volleyball at Divisional level. She continued to dominate the volleyball game at every stage from junior to senior national championship and inter-university championships. He participated in a number of competitions with the help and support of his father and his brother. Deepa Verma got his first job as a Sports Officer through PSC in Vijaya Govt. Girls Post-graduate College, Murar Gwalior (M.P).in 1994. Deepa verma has been president of student union Rani Durgawati university in the year 1987-1988. He worked hard to become successful and raise the standard of volleyball in India. All the achievement has presented from Table 1 to .7

**TABLE 1**  
**SHOWING THE JUNIOR NATIONAL LEVEL ACHIEVEMENTS OF DEEPA VERMA IN VOLLEYBALL**

S.No.	Competition	year	Venue	Achievement
1	Junior National Championships	1980	Hoogly	Participation
2	Junior National Championships	1981	Kanpur	Participation
3	Junior National Championships	1987	Trivendrum	Participation

**TABLE 2**  
**SHOWING THE SENIOR NATIONAL LEVEL ACHIEVEMENTS OF DEEPA VERMA IN VOLLEYBALL**

S.No.	Competition	year	Venue	Achievement
1	Senior National Championships	1981	Faridabad	Participation
2	Senior National Championships	1982	Bhopal	Participation
3	Senior National Championships	1983-84	Guntoor	Participation
4	Senior National Championships	1985	Kanpur	Participation
5	Senior National Championships	1986	Banglore	Participation
6	Senior National Championships	1987	Bhillai	Participation

**TABLE 3**  
**SHOWING THE ALL INDIA INTER UNIVERSITY LEVEL ACHIEVEMENTS OF DEEPA VERMA IN VOLLEYBALL**

S.No.	Competition	year	Venue	Medal
1	Inter University Championships	1984-85	Maysore	Participation
2	Inter University Championships	1985-86	Kurukshetra	Participation
3	Inter University Championships	1987-88	Dharvad	Participation
5	Inter University Championships	1988-89	Kolhapur	Participation

**TABLE 4**  
**SHOWING THE NATIONAL WOMEN FESTIVAL LEVEL ACHIEVEMENTS OF DEEPA VERMA IN VOLLEYBALL**

S.No.	Competition	year	Venue	Achievement
1	National Women Festival	1979	Calcutta	Participation
2	National Sports Festival	1991	Gujrat	Participation

**TABLE 5**  
**SHOWING THE NATIONAL SCHOOL GAMES LEVEL ACHIEVEMENTS OF DEEPA VERMA IN VOLLEYBALL**

S.No.	Competition	year	Venue	Achievement
1	National School Games	1980	Calcutta	Participation
2	National School Games	1981	Pume	Participation

**TABLE 6**  
**SHOWING THE INDIAN \_UNIVERSITY COACHING CAMP ACHIEVEMENTS OF DEEPA VERMA IN VOLLEYBALL**

S.No.	Competition	year	Venue	Achievement
1	Indian University Coaching Camp	1987-88	Selected	Participation
2	Indian University Coaching Camp	1988-89	Selected	Participation

**TABLE 7**  
**SHOWING OTHER NATIONAL LEVEL ACHIEVEMENTS OF DEEPA VERMA IN VOLLEYBALL**

S.No.	Competition	year	Venue	Achievement
1	All India Four Square Volleyball Competition	1981	Gwalior	Gold
2	26 <sup>th</sup> Senior National Athletic Championship	1988	Jabalpur	Participation

#### 4. CONCLUSION

This study is regards to Deepa verma for a lot of achievements in volleyball in India. She has participated in various levels of volleyball tournaments from their childhood i.e. Junior and senior National levels, All India Interuniversity level, National Women festival and National Schools Games, Deepa Verma has conducted sports camps in various games and sports. After joining govt.woen college as a sports officer, She had produced more the one hundred women players in different games and sports, whose were taken part part from state to National level sports competitions.

Views of eminent personalities about Deepa verma has a great passion for Volleyball and very hard working, discipline, good learned women. Deepa verma used to give respect and honors to people who work hard with honesty and great respect and love for all people. Deepa verma always tried to better facilities and eminent volleyball coaches to upcoming volleyball. The sports personality level is above average according to standard level.

#### 5. RECCOMENDATIONS

Deepa Verma recommended that the similar study may be conduct on other eminent sports personalities for their achievements at international sports.

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