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CORRESPONDANCE ADDRESS:

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E-mail: sharmagym59@yahoo.co.in

Wsbsite-www.sportscientistsviews.com





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(Quarterly Publication)

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<u>EDITORIAL</u>

I feel pleasure that the **Volume 13, N0.2, April, 2023** of "Indian Journal of Physical Education, Sports and Applied Sciences" from the state of Chhatisgarh is out for the readers. This issue of IJPESAS contains reputed research articles form India and abroad on important aspect of physical education, sports and applied sciences. The lead article by the young physical educationist are given below:

Shimp (Maharashtra) showed that, overall, participants at the national level of Kabaddi shared similarities in psychoticism, neuroticism, and social desirability personality traits but differences in extraversion. Male Kabaddi players had higher levels of extraversion, social desirability, and psychoticism than their female counterparts. Kabaddi trainers are advised to adjust their training regimen in accordance with the players' personalities. Mehta & John (Chhattisgarh) observed a significant correlation between the playing ability of male cricket players with their performance on vertical jump, 20m run, 40m run, run a three, repeat sprint, push up and Yo-Yo test whereas the association of chin up was not observed on playing ability of male cricket players. It was concluded that selected physical and motor fitness variables are essential aspects of the playing ability of male cricket players and thereby a scientific fitness training plan is necessary for male cricket players for the betterment of their playing ability. Garg & John (Chhattisgarh) revealed a significant impact of spatial awareness, reaction time, hand-eye coordination, and depth perception on the skill ability of male intercollegiate kabaddi players with all these variables accounting for 33.4% variance. They may also be concluded that spatial awareness and visual motor coordination need special attention while preparing a training plan to enhance the skill ability of the male kabaddi players. Pujar (Karnataka) assessed the progress and performance of Fitness during the national camp for cricketers under nineteen years of age. They indicated the good improvement among cricketers in Yo Yo test and overall strength levels. Mohandass & Parasuraman (Tamil **Nadu)** expected to contribute to the existing literature on the relationship between socioeconomic status, psychological factors, and sports performance among school boys. Additionally, the results may inform educational institutions, policymakers, and sports organizations in developing strategies and interventions to enhance the playing ability and overall well-being of students from Indian schools in Oman. Devi, and Vijavvargiva (Rajasthan) told that the majority of the PE syllabus in secondary schools are inefficient. The consequential crisis of PE in the secondary school is established in the absence of learning encouragement in students. The syllabus does not motivate the students to participate in PE classes, Planning the advanced curriculum should depend on the exceptional requirements of postmodern schoolchildren. This paper provides the significant research on the PE management among the secondary students of J&K on several aspects of Emotional Maturity. Nigam (M.P.) concluded that the health related fitness of boys of twelve to eighteen years of age of Sarguja division declined in all age groups on flexibility with advancement of age except fifteen years of age and inclined in all age groups on abdominal strength/muscular endurance and body composition with advancement of age. Which, possibly, may be attributed to the lack of physical activity after the age of fifteen years. They unproved in cardio-respiratory function at twelve to fourteen years of age and later on, they improved significantly up to the age of eighteen years with some fluctuations in time.

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