



**PERSONALTY AND ACHIEVEMENT OF RANVEER SINGH- INTERNATIONAL VOLLEYBALL PLAYER AS WELL AS COACH : A CASE STUDY**

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**ABSTRACT**

The purpose of this research was to study relative efficacy of 16 personality factors, in predicting self confidence, achievement motivation and locus of control, taking into account the internal relations among the personality factors. The standardized tools personality questionnaire Cattell's 16 personality factors questionnaire, Sanjay Vohra's Levenson's Locus of Control of control scale, Self Confidence questionnaire (SCQ), Achievement Motivation Bhargava's achievement motive test were used to collect data a sample is a case study of volleyball player representing state, national, and international level the descriptive statistical analysis were used to analyze the data. The findings of the study : The potency of personality factor A, B, C, D, E, F, H, I, L, M, N, O, Q1, Q2, Q3 and Q4 taken together in the prediction of Self Confidence, Achievement Motivation and Locus of Control of an a volleyball player. Personality factor the maximum contribution and factor F, H & Q3 makes considerable contribution for prediction.

**Keywords:** Personality, Achievement, Locus of Control, self Confidence, Volleyball Player.

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## 1. INTRODUCTION

Experts of personality theories like Allport and Eysenck, who have made substantial studies, consider that every individual is unique in himself. Personality has been called as a mirror of the culture. For the growth and development of an individual's mind and personality, genetic and environmental circumstances play major roles. Eventually, personality development is the outcome of a process of interaction between genetic inclinations and environmental conditions. The human being by nature first tries to accommodate himself with the environment around him and then he starts striving to establish his superiority over it.

Sigmund S. Freud, Maslow, Allport and other have been shown the way in this regard by case studies of individuals. The findings of these psychologists have greatly impacted the world view; the explanation and modification of human behavior for better such studies always throw new light and provide new understanding of people, their nature, personality and social achievement etc.

Personality, Allport, G.W. (1937) Personality can be defined in terms of characteristics (traits) of the individual which are directly observable in his behavior or in terms of characteristics, such as unconscious processes, which are inferred from behavior. Personality can be defined strictly in terms of the roles an individual has ascribed to him and adopts for himself in his functioning in society.

The term personality is derived from the Latin term "persona". The meaning of the term persona is the actors mask. The mask was chosen and worn to indicate the character that was to be played by the individual. In olden days the actors used to put on the mask while coming on the stage so that their identity will not be known to the audience and at the same time the role they play will be nearer to reality.

Term "Case Study" may be defined "A qualitative analysis involving a very careful and complete observation of a person situation or an institution". "What a person does is distinguished from what his potential is".

The purpose of the study is to reveal the facts that influenced the successful performance of Ranveer Singh volleyball player at State, National and International competitions. The study may provide an opportunity to assess the background of the performance of Ranveer Singh. It may help to ascertain the reason behind the subject's high level performance from state, national and international competitions

## 2. METHODOLOGY

### 2.1 SAMPLE

International legendary volleyball player and Coach Ranveer Singh of Uttar Pradesh was the sample for present case study.

### 2.2 TESTS USED

Following standardized tests and questionnaires were used in the present study:

1. The Sixteen Personality Factor Questionnaire (16 P.F), Raymond B. Cattell (1969)
2. Locus of Control Scale, Sanjay Vohra (1992), Levenson's (1973)
3. Achievement Motivation, V.P. Bhargava (1994)
4. Self Confidence, M. Basavanna (1971)

### 2.3 Interview Technique

David H. Clark and Harrison H. Clark, the interview or visit is a better method of obtaining survey information than using a mailed questionnaire. Rather than rely on the

personal approach inherent in the latter technique, the interviewer gathers data directly from individuals in face to face contacts. The interview has been linked to an oral questionnaire it has the obvious advantage of nursing a greater return.

#### 2.4 RELIABILITY OF THE INTERVIEW

The purpose of the study was clearly explained to the respondent well in advance, which is in no way meant for commercial purpose and only for research study. Mr. Ranveer Singh willingly accepted to give information which is highly truthful to the best of his knowledge. The following statement given by Mr. Ranveer Singh at the beginning of the conversation would enlighten the study. The information furnishing in the form of questions and answer based on truth.

#### 2.5 Statistical Analyses

Descriptive statistical analyses were used to analyze the data.

### 3. RESULTS AND DISCUSSION

**TABLE I**  
**ANALYSIS OF 16 PRIMARY PERSONALITY FACTORS AND SCORES OF Mr. RANVEER SINGH (SCORES IN POINTS)**

Sl. No.	Sixteen P.F.	Stens
1	A	8
2	B	9
3	C	8
4	E	9
5	F	10
6	G	9
7	H	10
8	I	3
9	L	3
10	M	6
11	N	9
12	O	3
13	Q1	9
14	Q2	3
15	Q3	10
16	Q4	3

According to Table No. I scores the subject have shown a tendency or inclination towards the higher direction or high sten score description in ten (A,B,C,E,F,G,H,N, Q1 and Q3) out of sixteen personality factors. The subject was average in one (M) out of the sixteen factors. Towards the lower direction or low sten score description in five (I, L, O and Q4) out of the sixteen personality factors.

**TABLE II**  
**ANALYSIS OF LOCUS OF CONTROL FACTORS SCORES OF Mr. RANVEER SINGH (SCORES IN POINTS)**

Sl.No.	Factors	Name of Factors	Raw scores	Sten scores
1	P	Powerful by others	15	4
2	C	Chance control	19	4
3	I	Individual control	34	7

**Table No. II** presents the scores of locus of control factors. The scores early indicate that the subject having lower strength in powerful by others (15) a chance control (19) factors. The scores of individual control (34) clearly indicate that Mr. Ranveer Singh having greater strength in this factor.

**TABLE III**  
**ANALYSIS OF ACHIEVEMENT MOTIVATION SCORES OF Mr. RANVEER SINGH (SCORES IN POINTS)**

Sl. No.	Variable	Score
1	Achievement motivation	34

**Table No. III** presents the score of achievement motivation. The score (34) clearly indicates that the Mr. Ranveer Singh having high level of achievement motivation.

**TABLE IV**  
**ANALYSIS OF SELF CONFIDENCE SCORES OF Mr. RANVEER SINGH (SCORES IN POINTS)**

Sl. No.	Variable	Score	Category
1	Self confidence	16	High level

**Table No. IV** presents the score of self confidence. The score (16) clearly indicates that the Mr. Ranveer Singh having level of self confidence.

#### 4. CONCLUSION

Mr. Ranveer Singh is good natured, easy going, emotionally expressive, ready to cooperate, attentive to people, softhearted, kindly, adaptable, quick to grasp ideas, a fast learner, intelligent, emotionally mature, stable, realistic about life, unruffled, possessing ego strength, better able to maintain solid group morale, assertive, self assured, independent minded, cheerful, active, talkative, frank, expressive, effervescent and carefree.

1. He is exacting in character, dominated by sense of duty, preserving, responsible, thoughtful, "fill the unforgiving minute, sociable, bold, ready to try new things, spontaneous and abundant in emotional response. His "thick skinned" enables them to face wear and tear in dealing with people and grueling emotional situations, without fatigue.
2. He is tough, realistic, "down to earth", independent, responsible but skeptical of subjective, cultural elaborations, free of jealous tendencies, adaptable, cheerful, uncompetitive, concerned about others, a good team worker, anxious to do the right things, attentive to practical matters, polished, experimental and shrewd, unruffled and to have unshakable nerve. He has a mature, unanimous confidence in themselves and their capacity to deal with things.
3. He is experimenting, interested in intellectual matters, he has doubts on fundamental issues, prefers to work and make decisions with other people and like and depend on social approval and administration.
4. He has undisciplined self conflict and significant control of his emotions and general behavior. Inclination to be socially aware, careful and he has lot of self respect and high regard for social reputation. He is sedate, relaxed, composed and satisfied person.
5. He has high level of Self confidence, high level of Achievement motivation and he has greater strength of Locus of control.
6. He has positive goal discrepancy and attainment discrepancy and also he was under aspirant i.e., does more and expects less.

7. Positive and significant interrelationship between the Sixteen Primary Personality factors scores of Mr. Ranveer Singh.
8. Positive and significant relationship between LOC factors like powerful by others and chance control scores of Mr. Ranveer Singh.
9. No significant relationship between LOC factors like chance control and individual control, powerful by others and individual control scores of Mr. Ranveer Singh.

## 5. RECOMMENDATIONS

A further study may be conducted on the same subject about the Anatomical, Physical or Physiological and genetic aspects and their influence on his performance.

1. A comparative study involving our subject and other volleyball player at national and international levels may be undertaken.
2. Measures to improve the sport of volleyball and popularizing the sport may be analyzed.
3. Facilities provided for volleyball and training in the various volleyball players of Uttar Pradesh and Tamil Nadu states may be studied and facilities provided by two states may be evaluated.
4. Volleyball players should be made to gain an adequate knowledge of skills and techniques and other associated aspects of sports like diet and nutrition habits, training and competitions, etc.
6. The importance of balanced diet and personality in enhancing sports performance must be taught at school and college levels.
7. The coaches and trainers should convince young volleyball players about the importance of favourable behaviour habits, nature, attitude, etc., in sporting Performances.
8. The volleyball players should be made to realize the importance of concentration, hard work, discipline, punctuality, regularity, sincerity, self interest, diehard attitude and optimistic approach and sincere efforts and their positive influence on performance and emphasis to train volleyball players for developing. Such qualities must be given along with training for emotional control and regulation.

## 6. SUGGESTIONS

1. The study may be repeated on other present international volleyball player including many other biogenic and psychogenic variables.
2. The study may be extended to find out and verify personality traits, and locus of control relationship with other variables like anxiety, aggression and other psycho motor variables.
3. Similar studies on individual front ranking athletes and players to document their personality and achievement may be conducted.
4. A comparative study of the best individual players in different games on their life and personality may be undertaken.

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