

A STUDY OF PSYCHOLOGICAL CHARACTERISTICS OF JUNIOR NATIONAL LEVEL MALE KABADDI PLAYERS

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ABSTRACT

The purpose of the study was to research the psychological characteristics of junior national level kabaddi players. For the aim of this study a complete of 240 junior national male kabaddi players were elite as subject. the themes were the team members of various states and union territories of India, participated in Junior National Kabaddi Tournament. For the gathering of information scholar requested the coaches and team managers of taking part groups of various states. the themes were within the vary of 16- nineteen years older as a result no issue were encountered in administering the psychological Inventories and Questionnaires as all were relevant to the 15+ age teams. the themes were thought-about because the true representative of the whole male junior kabaddi population of India at the time of their assessment on the chosen psychological variables i.e. Anxiety, personality, achievement motivation, visual perception. Mean and standard deviations were calculated to understand the psychological attributes of junior national level male kabaddi players. Results of applied mathematics analysis discovered that the junior national level male kabaddi players were found relaxed, additional neurotic temperament. average in achievement motivation and visual perception.

Keywords: National level, Kabaddi, psychological Variables, Male Players

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RESULTS AND DISCUSSION

To prepare the psychological profile of junior national level kabaddi players on Anxiety, Achievement motivation, Personality and Visual Perception variables. means and standard deviations were computed and data pertaining to this have been presented in Table 1.

TABLE 1
MEAN AND STANDARD DEVIATION OF PSYCHOLOGICAL
VARIABLES OF NATIONAL LEVEL KABADDI
PLAYERS

S.No.	Psychological Variables	M ± SD
1.	Anxiety	24.82 ± 6.28
2.	Achievement Motivation	37.71 ± 5.96
3.	Visual Perception	53.45 ± 1.15
4.	Personality	
	a. Psychoticism	6.04 ± 3.34
	b. Extraversion	11.29 ± 2.52
	c. Neuroticism	11.68 ± 3.43
	d. Lie Score	11.13 ± 3.17

Mean scores on anxiety, achievement motivation, visual perception and four factor of personality of junior national kabaddi players have been depicted in figure 1 to 4.

The classifications of anxiety in terms of the categories are presented in Table 2.

TABLE 2
RANGE OF SCORE OF ANXIETY OF JUNIOR NATIONAL LEVEL
KABADDI PLAYERS

S.No.	Categories	Range of Scores
1.	Very High	42 and above
2.	High	33 to 41
3.	Average	18 to 32
4.	Low	10 to 17
5.	Very Low	9 and below

It is evident from table 2 that the junior national level male kabaddi players were found to be average on sports competitive anxiety when they were compared with the range of scores, as obtained mean value of anxiety of 24.82 was in average category between 18 to 32 range of score, which indicates that the junior level male kabaddi players were relaxed at the time of competition.

The data on the Personality were derived from the administration of Eysenck Personality Questionnaire (EPQ) by Eysenck and Eysenck. It is clearly evident from the table 1 that the mean value on psychoticism, extraversion, neuroticism and lie score dimensions of personality were 6.04± 3.34, 11.29± 2.52,

11.68± 3.43± 3.17, and 11.13± 3.17 respectively. The junior national level male kabaddi players were found to have more neurotic tendency, less in psychotic, extrovert and lie score in whole sample of this study.

Achievement motivation in relation to sports situation is the degree to which an individual is willing to approach a competitive situation. Achievement motivation is an athlete's pre-disposition to approach or void a competitive situation. The Rao Achievement Motivation Test provides a simple and objective measure of Achievement Motivation of junior national level male kabaddi players. The data on the Achievement Motivation were derived by the administration of Rao Achievement Motivation Test and comparisons were made on the basis of the mean and standard deviations. It is evident from the table 1 that the mean score of achievement motivation was 37.71± 5.96. The achievement motivation of junior national kabaddi players was found to be average as per the norms of the test. Hence, from the obtained mean it is very clear that the junior national male kabaddi players may not be considered to possess a very high and bright profile in achievement motivation.

The data on the Visual Perception were derived by the administration of Muller-Lyer Illusion Apparatus Test, which measure the space error between standard stimulus (fixed) and variable stimulus (moveable). Further comparisons were made on the basis of the mean and standard deviations. It is evident from the table 4 that the mean score of visual perception was 53.45 ± 1.15. The visual perception of junior national kabaddi players was found to be average as per the norms of the test. The present finding may be attribute due to the fact that visual efficiency plays an important role in the game of kabaddi which can substantiated by the findings of the other research work.

CONCLUSIONS

1. National level male kabaddi players were found relaxed at the time of competition.
2. National level male kabaddi players were found to have more neurotic tendency compared to other dimension of personality.
3. Achievement motivation was found average among junior national male kabaddi players.
4. National level male kabaddi players were found to have average visual perception

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